



You and Me Counselling

Together We Can Find Solutions

## You and Me Counselling Code of Conduct

The information below is an agreement between You and Me Counselling and the client(s) prior to the start of counselling, and sets out the responsibilities of each party.

### **Boundaries and Limitations**

If for any reason you/your child come late for the session, it will still end at the time scheduled, and the whole session will need to be paid for.

Your/your child's conduct during and after sessions is paramount to our working together, as a result of this, threatening (verbally or physically), harassing, cursing or disrespecting the counsellor, or any member of You and Me Counselling staff will result in the session being terminated, and legal action may be pursued. If you come to an appointment under the influence of alcohol or any illegal substance, the session will not take place.

### **Cancellation of Appointment**

If you need to cancel an appointment for any reason, we require **24 hours'** notice by telephone, text, or email, or we will charge you for the session. If two consecutive sessions are missed without contact, or we do not hear from you within three weeks of your last session, we will assume you no longer wish to attend, and your allocation with your counsellor will be withdrawn. Should you choose to reconvene, you understand you may be unable to see the same counsellor.

### **Confidentiality**

It is agreed that the content of our work together will be conducted in accordance with the BACP Ethical Framework for Good Practice in Counselling and Psychotherapy. If during your/your child's time with us there is evidence that you/they may be a risk to yourself/themselves or others, or may be in danger, the counsellor may need to break confidentiality by informing external authorities, ie the police or social services. The counsellor will endeavour to inform you of their decision, and explain the reasons why prior to carrying out this action. However, they retain the right to do so without prior consultation should they consider that the urgency of the situation requires immediate action to safeguard the physical safety of yourself, or others.